

# Humilitas

Newsletter of Saint Charles Borromeo Catholic Church ~ August, 2021

If it is displeasing to you to serve the Lord, choose today whom you will serve, the gods your ancestors served beyond the River or the gods of the Amorites in whose country you are dwelling. As for me and my household, we will serve the Lord." —Joshua 24:15



## Mass Change coming to Sundays at 6:00pm

For several years St. Charles has offered a Sunday evening Mass to gather God's people for one of the last celebrations of the Eucharist in English on Sundays in the Oklahoma City area. Originally the 6:00 pm Mass was hoped to offer an opportunity for youth and young adults to gather for Mass and then to continue with some social, service or study opportunity before the work and school week began. Unfortunately, although some students did and continue to attend that mass, the great number of those who take advantage of that Eucharistic celebration are people from other parishes who for various reasons did not find the chance to attend Masses in their home parishes earlier in the day. For that reason we lovingly refer to the 6:00 pm Mass at St. Charles as the "Last Chance Mass." That "Last Chance Mass" is one of four Masses that are offered in English at St. Charles.

Several years ago St. Charles parish also began offering a Mass in Spanish at 1:00 pm on Sunday afternoons. It began at the request of some parishioners and under the guidance of Fr. Oby Zunmas to address the spiritual needs of the Spanish speaking Catholics in our neighborhood. It has grown over the years and the Spanish speaking community has become a strong part of our parish along with other Catholics from Vietnam, India, different African nations and a German or two. The 1:00 pm Sunday Mass consistently has over 300 people attending and most Sundays closer to 500 faithful. For that reason, after conferring with various leaders of our parish I have decided to add more Spanish language to the celebration of the Mass at 6:00 pm Mass on Sunday. It will now be referred to as a Bilingual Mass. I hope to have regular Spanish-language music and a mixture of English and Spanish preaching and scripture readings along with the prayers of the Mass. It is also my hope that it might be a Mass where anyone, English speaking or Spanish speaking, might feel at home as we worship our One Lord Jesus Christ. The official starting date of this Bilingual Mass at 6:00 pm will be July 25th. Let us give thanks to the Lord for all his blessings to us at St. Charles with such a wonderful community of faith from all parts of God's creation.

Fr. Tim Luschen



Assumption of the Blessed Virgin Mary, August 15

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## Julian(a) of Norwich – anchoress, Mystic, Writer and Pandemic Survivor

She is not a canonized saint nor was she a nun. Her living conditions for probably twenty-two years in medieval times can only be described as “extreme cloister.” She was a mystic, a writer of devotions and the anchoress of St. Julian’s Church in Norwich, England, from which she took her name. For almost a quarter of a century she was literally locked away (from the outside, no less). She lived in two rooms with three windows; a “squint window” to observe Mass and receive the Eucharist, another one for a servant to bring meals and a third facing the outside world.

Julian’s rooms, called an anchorhold, were attached to the church building. There she spent her isolation in prayer and meditation, fasting, and sewing clothes for the poor. Her wisdom was well-known and she was sought as a spiritual advisor, dispensing spiritual comfort from her window to the outside world.

Whether the pray-er was male (anchorite) or female ( anchoress), they (and Julian) were considered the spiritual anchors of a particular church, serving a symbolic role much like the literal anchor of a ship. Anchorites and anchoresses numbered from 100 up to 200 persons in England during the medieval period.

Little is known about Julian’s day-to-day life. She was born in 1343 and died sometime after 1416. The Black Plague arrived in Norwich when she was seven and killed half the population. Her entire life was spent in loss amid a pandemic as the plague recurred for forty-four years. She is a person to whom we can relate because of our own pandemic times.

In 1373, when she was thirty years old, Julian fell ill (possibly the Plague) and nearly died. Assuming she was on her deathbed, during this time she received sixteen visions of Jesus. She is unique and survives by reputation to this day because she wrote down her thoughts about the visions and other devotions in Middle English. Wikipedia says, “*Revelation of Divine Love* is the earliest surviving example of a book in the English language known to have been written by a woman. It is also the earliest surviving work written by an English anchorite or anchoress.”

In *Revelation of Love*, Julian called the sixteen visions “showings.” Among them were the discoloring of Jesus’ face from His passion, the scourging of his body, his last pains and cruel dying, a vision of his mother as a young woman, the rewards of all who are God’s saints in heaven, how the Lord shows us his love, and how Jesus dwells unceasingly in our souls.

Unfortunately, the anchorhold of St. Julian’s was demolished in the 16<sup>th</sup> century during the Protestant Reformation. A post-World War 2 restoration put a chapel on the anchorhold’s former spot.

One of Julian’s most famous quotes is “All shall be well, and all shall be well and all manner of thing shall be well.” This meant that because of her close relationship and trust in God, she could still find peace in the midst of medieval chaos.

Monica Knudsen

For further information: Fox, Matthew. *Julian of Norwich: Wisdom in a Time of Pandemic and Beyond*. Bloomington, Indiana: iUniverse, 2020.

*Julian of Norwich. Revelation of Love*. Translated by John Skinner. New York: Image, a division of Doubleday, 1996

For images and photos of anchorholds in paintings and contemporary churches, see Google Images.



An anchorhold.



\* Optometrists live longer  
because they dilate.

\* What do you call an empty parrot cage?  
A polygon.

\* I tripped in France.  
Eiffel over



## What is an anchoress?

Julian of Norwich was one of a few hundred medieval men and women called anchorite (men) or anchoress (women). They remained isolated and locked in a small cell attached to a church, spending their days in prayer and contemplation. They were not ordained clergy. Their small room had three windows, one to look into the church to see Mass and receive Communion, one for a servant to bring meals and one looking out on the town square. In some cases, the grave of the anchoress was dug in her cell so she could daily contemplate her potential eternal destination and keep her mind on spiritual matters.

On occasion an anchoress could receive visitors seeking spiritual advice at one window. However, with their location at the village church in the town square, with a window looking out, they were able to see and be aware of comings and goings of tradespeople and villagers. One author claims the anchoress could also be a source of transmission of village gossip and news as well as spiritual advice.

They lived in an anchorhold, a small building attached to the side of a church. Some anchorholds had a door although many anchoresses were literally walled into the enclosure for the remainder of their lives. A servant brought meals and saw to their personal needs.

Lest there be concern, this was a voluntary vocation, which the candidate applied for and was approved by the local bishop, who also made sure of her suitability and that the family or other supporters possessed resources to provide food, a servant or two and other necessities for the anchoress' lifetime. It sounds very harsh to us today but it was an honored and a respected position. People looked upon the anchoress as an intermediary between them and God and a spiritual protector of the church.

More women than men chose this vocation. Another author speculates that life, particularly for women, was so harsh during the Middle Ages, that this option could have been more attractive, especially during the time of a pandemic and rampant sickness and death.

The practice was in vogue from the 12<sup>th</sup> to 16<sup>th</sup> centuries. In England, most anchoresses were turned out of their cells during the reign of Henry VIII and the Protestant Reformation.

Link to an interesting article on the restrictive life and times of an anchoress by Mary Wellesley, The British Museum, 2018:  
[www.bl.uk/medieval-literature/articles/the-life-of-the-anchoress](http://www.bl.uk/medieval-literature/articles/the-life-of-the-anchoress)

\* Sign seen on a church:

Too hot to keep changing sign;

Sin bad, Jesus good—see details inside.

## Welcome and Godspeed, Grant Carro!

Hello, I'm Grant Carro. I grew up in Edmond, Oklahoma where I attended St. John the Baptist Catholic Church throughout my childhood with my older sister and my younger brother (we are all two years apart). I went to St. Elizabeth Ann Seton Catholic School as a child and graduated from Edmond Memorial High School in 2014 where I was very active in football, baseball, and other school activities.

I went on to attend Oklahoma State University (Go Pokes!) where I earned a degree in Mechanical Engineering, then started working for the Air Force at Tinker Air Force Base as an Aerospace Engineer for the T-6 Program.

I first received the call to priesthood when I was a freshman in college and in a very vulnerable state after my grandfather Armando, who was a great role model for me, passed away. He was a Cuban immigrant who brought my dad's side of the family over from the island, first to Spain, then to the United States, in the 1960s-1970s. When he passed, I was questioning why some people have to suffer so much for the good of others, and how I could possibly give back for all that I had been given. And so, God took that opportunity to speak to me in my heart about becoming a priest.

I continued my discernment for about five years, still praying and testing the waters, seeing how God would open doors for me and lead the way, since I really didn't know what steps to take or how to go about this calling.

After I graduated college, I reached out to my friend Stephen Jones, who taught here at St. Charles, for some advice since he was heading to seminary that year. He introduced me to Sister Maria of the Trinity, the foundress of the Gospel of Life ministries. I volunteered by living in her dwellings for the two years while I was working as a structural engineer at Tinker and was able to assist in her ministry of caring for the dying. I received much spiritual direction and guidance there, and finally came to a place where I could apply for seminary.

I was accepted by the Archdiocese in March 2020 and started attending Kenrick-Glennon Seminary in St. Louis, Missouri last August. Since being there, I have made many friends at the seminary from all over the United States, especially the Midwest, and from other countries like Mexico, Belize, and Vietnam. Our campus is very beautiful, and I have had opportunities to pray with the brothers, learn much Church History and philosophy, play on the seminary sports teams, volunteer at local charities, serve at the St. Louis Cathedral Basilica, and many more experiences like this.

I am thankful to be here at St. Charles for the summer until I return for my second-year of Pre-Theology this coming August.

Thank you for all of your prayers and support, and may God bless our community and Archdiocese both now and always!

## St. Thomas More - June 22



“Saint Thomas More was a martyr born in London in the year 1478. Thomas More is most well-known for his steadfast belief in not acknowledging King Henry VIII as the supreme head of the Church of England. Beginning his studies at Oxford in 1492, he received a classical edu-

cation for two years, but left to study law in 1496 at Lincoln’s Inn. After being called to the bar in 1502 he went on to marry Jane Colt and had four children. Elected to Parliament in 1504 he ascended to the office of Lord Chancellor in 1529, the highest rank in the Great Officers of State in the United Kingdom. During his chancellorship he was an avid supporter of the Catholic Church during the Protestant Reformation, and saw the Reformation as heretic and a threat to the church and society. His character was tested when King Henry VIII demanded he sign the Oath of Supremacy acknowledging the King of England as the Head of Church and State. After refusing to sign the oath, More resigned from his role as Chancellor. In 1533 More refused to attend the coronation of the new Queen of England, Anne Boleyn, which was seen as an insult to the new queen. More appeared before a commission in 1534 and standing strong in his belief of papal supremacy and that “no temporal man may be the head of the spirituality” was executed after multiple retrials due to unsubstantiated evidence on July 6, 1535. Saint Thomas More was beatified in 1886, and canonized in 1935, and became the patron saint of statesmen and politicians, leaving behind a legacy of integrity and conscience.”

John Cunningham

## August Saints and Days

- 01 **Eighteenth Sunday in Ordinary Time**
- 02 [St. Eusebius of Vercelli; St. Peter Julian Eymard]
- 04 St. John Vianney; *Memorial*
- 05 [The Dedication of the Basilica of Saint Mary Major]
- 06 **The Transfiguration of the Lord; Feast**
- 07 [St. Sixtus II and Companions; St. Cajetan; BVM]
- 08 **Nineteenth Sunday in Ordinary Time**
- 09 [St. Teresa Benedicta of the Cross]
- 10 St. Lawrence; *Feast*
- 11 St. Clare; *Memorial*
- 12 [St. Jane Frances de Chantal]
- 13 [Ss. Pontian and Hippolytus]
- 14 St. Maximillian Kolbe; *Memorial*
- 15 **The Assumption of the Blessed Virgin Mary; Solemnity**
- 16 [St. Stephen of Hungary]
- 19 [St. John Eudes]
- 20 St. Bernard; *Memorial*
- 21 St. Pius X; *Memorial*
- 22 **Twenty-First Sunday in Ordinary Time**
- 23 [St. Rose of Lima]
- 24 St. Bartholomew; *Feast*
- 25 [St. Louis; St. Joseph Calasanz]
- 27 St. Monica; *Memorial*
- 28 St. Augustine; *Memorial*
- 29 **Twenty-Second Sunday in Ordinary Time**

## Homeless Prayer

Four walls contain our stories,  
but when there are no walls,  
his story is woven into my story;  
she becomes a character in my narrative.

Jesus, teller of the Good Samaritan tale,  
Jesus, speaker on the mount,  
Bless us with the heart and head  
to home the homeless living in our city.  
Amen

mkj




\* I want to grow my own food  
but I can't find bacon seeds.

\* The days of good grammar has went.

Sign seen on a church:  
ATM inside. Atonement, Truth, Mercy.

\* My housekeeping style can best be described as  
“There appears to have been a struggle.”

# St. Charles Borromeo—August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b> 7:00 PM Baptismal Seminar EN in Mtg. Room C <b>Clinic</b> 7:00 PM Talleres de Oración Mtg Room A/B	<b>4</b> 3:00 PM Clinic  Adoration 11AM - 3PM every Wednesday	<b>5</b> 4:00 PM Newsletter Meeting-Kastner Room	<b>6</b> 11:30 AM Senior Mass Transfiguration 	<b>7</b> 9:00 AM Clase PreBautismal en Beckman Hall
<b>8</b>	<b>9</b> 10:30 AM Food Bank Delivery  Eye Clinic  Meet the Teacher & Drop Supplies	<b>10</b> 7:00 PM Baptismal Seminar EN in Mtg. Room C  7:00 PM Talleres de Oración Mtg Room A/B	<b>11</b> 3:00 PM Clinic  5:30 PM Stewardship Meeting-ZOOM	<b>12</b> 6:30 PM Choir Practice  PTC Welcome	<b>13</b> 11:30 AM Senior Mass	<b>14</b> 9:00 AM Clase PreBautismal en Beckman Hall
<b>15</b> Assumption  6:00 PM Baptisms English	<b>16</b>  Back to School Night	<b>17</b> 5:30 PM Finance Board 7:00 PM Parish Council Meeting 7:00 PM Talleres de Oración Mtg Room A/B	<b>18</b> 3:00 PM Clinic  6:30 PM Peace and Justice-Zoom	<b>19</b>  School Advisory Committee	<b>20</b> 11:30 AM Senior Mass	<b>21</b> 8:00 AM Catholic Worker Delivery  6:00 PM Baptisms English
<b>22</b>	<b>23</b>	<b>24</b>  7:00 PM Talleres de Oración Mtg Room A/B	<b>25</b> 3:00 PM Clinic	<b>26</b> 6:30 PM Choir Practice	<b>27</b> 11:30 AM Senior Mass	<b>28</b> 8:00 AM Catholic Worker Delivery  11:00 AM Bautismos Espanol
<b>29</b>	<b>30</b> 6:00 PM Social Ministry Board -Beckman Hall	<b>31</b>  7:00 PM Talleres de Oración Mtg Room A/B	<div> Confessions every Saturday at 3 pm  Adoration every Wednesday at 11:00 am - 3:00 pm </div>			



July 2021

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Sept 2021

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## Parish Life

### New Parishioners-June

Porfirio Aguero & Liliana Ordaz  
 Saul Camacho & Laura Gallegos  
 Rolando Zapata & Candelaria Mendoza  
 Abraham De Leon & Carmen Hernandez  
 Oscar & Miriam Lopez  
 Cristian Escobar & Jazmin Gutierrez  
 Jorge Lechuga & Rocio Ramirez  
 Gildardo Gonzalez & Maria Romo  
 Everett & Ann Wilson  
 Jose & Maria Rios  
 Armando Martinez & Teresa Luevano  
 Jorge Martinez & Nayeli Saldivar

### Baptisms-June

Maeve Ivie Afadama  
 Lyla Aralyn Andrews  
 Lola Frances Andrews  
 Irene Elizabeth Morgan  
 Maximiliano Jedediah Wells Saldana  
 Natalia Dior Saldana  
 Willow Grace Xoquic  
 Alfredo Lopez  
 Eli Rafael Bernardy  
 Amelia Grace Bernardy  
 Victoria Montesino Silva  
 Jimena Monserrath Zavala Lopez  
 Victoria Ramirez Lopez  
 Julian Velasco Gonzalez  
 Valentina Velasco Martinez  
 Valentina Sanchez Gomez  
 Sofia Kailani Rodriguez



### Weddings-June

Octavio Jasso Prado and Beatriz Solis Guerra



\* Dogs can't operate MRI scanners,  
 But catscan.

\* Forgive your enemies,  
 It messes with their heads.

### Anniversaries-August

August		Anniv
01 <sup>st</sup>	Jeffrey and Tamara Knapp	29 <sup>th</sup>
02 <sup>nd</sup>	Tim and Sandy Politte	25 <sup>th</sup>
03 <sup>rd</sup>	Gary and Christiane Sauls	48 <sup>th</sup>
07 <sup>th</sup>	Randy and Tracey McNutt	21 <sup>st</sup>
	Tim and Carmen Schoelen	18 <sup>th</sup>
08 <sup>th</sup>	Gregg and Tia Feronti	23 <sup>rd</sup>
09 <sup>th</sup>	Casper and Betty Temple	69 <sup>th</sup>
11 <sup>th</sup>	Scott and Karen Boughton	42 <sup>nd</sup>
14 <sup>th</sup>	Bob and Clara McBroom	50 <sup>th</sup>
18 <sup>th</sup>	Philip and Ana Evans	31 <sup>st</sup>
21 <sup>st</sup>	Joe and Kay Lieber	56 <sup>th</sup>
22 <sup>nd</sup>	Thomas and Kathy Outlaw	29 <sup>th</sup>
28 <sup>th</sup>	Gustavo and Lorena Escobar	28 <sup>th</sup>
	Darrell and Rebecca Van Houtan	53 <sup>rd</sup>
30 <sup>th</sup>	Long and Ha Ta	25 <sup>th</sup>

## Humilitas

We, your newsletter team, submit this issue with humility and thanks to God: Michael Carpenter, Grant Carro, John Cunningham, Kathy Judge, Monica Knudsen, Fr. Tim Luschen, Margaret Phipps  
 print shop: Karen Flores, Jennifer Hernandez-Reyes

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